

# GRAMPIAN

# PARASPORT FESTIVAL

INFORMATION FOR STAFF,  
PARENTS & PARTICIPANTS

FRIDAY 27TH SEPTEMBER 2024  
ABERDEEN SPORTS VILLAGE, AB24 5RU



# Introduction & Background

This document contains information on the upcoming Grampian Parasport Festival 2024.

The Parasport Festival is aimed at children with a physical disability, vision impairment, deafness or hearing loss who attend mainstream school. Entry is open to pupils in P4-S6 across Aberdeen, Aberdeenshire and Moray.

It is especially exciting to offer this opportunity during the Paralympic year as we look forward to Paris 2024 taking place between 28th August to 8th September, where thousands of athletes from over 100 countries will compete and inspire the next generation of young people with a disability.

The event is designed to allow young people to experience a wide range of parasports delivered by some of the best clubs and coaches available in the North East of Scotland. We have selected activities where we have strong club links so children can continue to participate and develop locally.

In 2019, Scottish Disability Sport celebrated 10 years of Parasport Festivals. Please check out the promotional footage below. We hope this will help to highlight the aims and impact of the Parasport Festival.

The second video is a recap of last years Parasport Festival. You can see how important it is for all people to take part in sport physical activity!



[Watch on YouTube](#)

# Event Information

## Target Groups

The Parasport Festival is designed for children who have a physical, vision or hearing impairment in P4-S6. We would also like to actively encourage children with more severe physical disabilities to attend. It has been identified that these groups are significantly under-represented when it comes to participating in weekly sport or physical activity.

## Event Staff

The SDS team will be supported by Sports development officers from the governing bodies and local community club coaches. Active Schools staff and Young leaders will also be helping.

## Date

Friday 27th September 2024

## Location

Aberdeen Sports Village, Linksfeild Rd, AB24 5RU

## Timings

9.45am – 3.00pm (exact times TBC)

## Sports

Athletics, Swimming, Kayaking, Wheelchair Basketball, Boccia, Snowsports, Judo and Table Tennis (others TBC).

## Elite Athlete Q&A

One or two local high-performance para-athletes will be in attendance to share their experiences and journey in sport to hopefully inspire the next generation.

# Guidelines for Pupil Selection

Below is a set of guidelines for pupils who are eligible to take part in the Parasport Festival. (Please note that these lists are not exhaustive).

## Physical Disability

- Achondroplasia (dwarfism)
- Amputees
- Arthrogryposis
- Brittle Bones
- Cerebral Palsy
- Dismelia
- Multiple Sclerosis
- Muscular Dystrophy
- Perthes Disease
- Polio
- Spina Bifida
- Spinal Cord Injury
- Spinal Muscular Atrophy

## Deaf/Hearing Loss

Sensory disability relates to an impairment to one (or more) of the senses. An individual may have no hearing (deaf) or hearing loss. Some examples include:

- Tinnitus
- Otosclerosis
- Stickler Syndrome

## Blind/Vision Impairment

An individual may have no sight (blind) or an impairment to their sight. Some examples include:

- Tunnel vision
- Cortical visual impairment

There are a number of conditions for which this event is **NOT** suitable:

- Learning Disability
- ADHD
- Epilepsy
- Asthma
- Down's Syndrome
- Dyspraxia
- Obesity
- Scoliosis
- Fragile X
- Autism Spectrum
- Diabetes
- Cystic Fibrosis
- Transplant recipients

If your child has a learning disability, please contact your Regional Manager for further information and support. Pupils with a physical disability and one of the above **may** be eligible.

# Contact Information

For further information, please contact:

Elizabeth Mills | Scottish Disability Sport | Grampian and Shetland Regional Manager  
[Elizabeth.mills@scottishdisabilitysport.com](mailto:Elizabeth.mills@scottishdisabilitysport.com) | mobile: 07723160937

## Local Contacts

Grampian Disability Sport

[info@grampiandisabilitysport.org.uk](mailto:info@grampiandisabilitysport.org.uk)

Sports Officer (Disabilities and Inclusion) Aberdeenshire

Jamie Czop

[jamie.czop@aberdeenshire.gov.uk](mailto:jamie.czop@aberdeenshire.gov.uk)

Principal Active Schools & Community Sport Officer Moray

Roy McPherson

[roy.mcpherson@moray.gov.uk](mailto:roy.mcpherson@moray.gov.uk)

Active Schools Coordinator Aberdeen City

Scott Mitchell

[smitchell@sportaberdeen.co.uk](mailto:smitchell@sportaberdeen.co.uk)

## Registration

Participants can register [here](#)

Check out our Just Go 'How To' guide [here](#)

If you have any questions about the online registration or require additional support please contact:  
[admin@scottishdisabilitysport.com](mailto:admin@scottishdisabilitysport.com) | 0131 317 1130



**Please note that registrations will close on Thursday 19th September 2024.**



Scottish Disability Sport